

Help yourself, other leaders and the whole organisation to stay healthy, evolve, perform at best and change!



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Conscious Business Coaching©



One of the most effective instruments to help people in the organizations to cope with challenges, evolve and change. Conscious Business Coaching© (CBC) helps managers to become true leaders, supports leader's personal and professional growth and opens the door to a more balanced and happy life. What is the impact on the organization? - People make your business successful, not technologies!

You will find in these eight slides of the presentation the following key messages:



What are the typical cases I work with as a Business Coach?



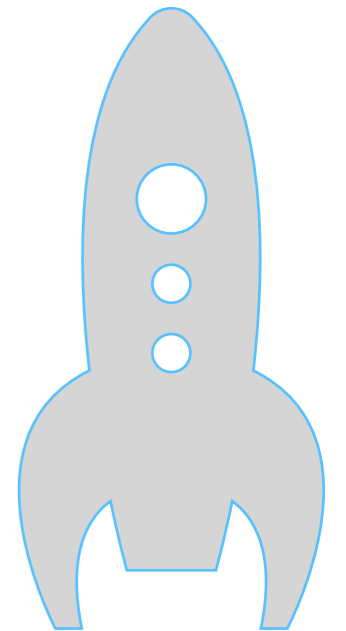
Typical issues

- ✓ How to position myself in the new role of a manager and leader? How to establish productive and healthy relationships in the new context (new team, new position, new project etc.);
- ✓ How to become a true leader and build an engaged and effective team?
- ✓ How to provide effective feedback to the team-members and peers?
- ✓ How to improve performance of a person in my team avoiding conflict and keeping relationships healthy?
- ✓ How to communicate effectively with my peers and stakeholders?
- ✓ How can I effectively resolve conflicts and speak the truth avoiding damaging relationships with people at the workplace?
- ✓ How to make our business meetings effective and how to make myself effective at the meetings?
- ✓ What would be my career trajectory in the company? What to do to reach my career goals?
- ✓ What are my life goals and how they are connected to my work? What can I bring to this world? How to balance my work and private life?

What are the purposes to use Conscious Business Coaching as an instrument?



- To provide an organization with one of the most effective instruments to win the market competition by transforming behavior of its people.
- To boost Motivation and Engagement of Leaders and Teams.
- To help managers to grow as leaders and to manage effectively their teams (including remote ones), drive changes and succeed in their professional and self-development.
- To help people in developing well-being and resilience.
- To support Leaders on their journey with a very effective tailored approach.



What does Business Coaching bring to a leader?



What people say

"I had the great privilege to have Oleg as my personal business coach for 5 months. We usually enjoyed short 30min sessions on a weekly basis. Talking about coaching, one can say that what you put in is what you get out. Yes, but it makes such a difference when the person you are feeding your thoughts and doubts with is genuinely interested in you, knows when to play hard and when to play soft, and always welcomes you with an encouraging smile. I felt safe and valued for who I am today. During the course of this coaching relationship, Oleg used a good blend of techniques and insightful perspectives from other authors and coaches. But it was how he used these tools that made a difference. The sequence felt right, so as the depth of the conversation. And this was often followed up with additional thoughts and resources. Finally, one element I personally appreciated very much was Oleg's willingness to show some vulnerability, sharing some of his own questionings. Others will have to judge if I have become a better version of myself. But personally, thanks to Oleg, this is how I feel today and hope that what I developed with him will in turn also support the growth of others. So a huge thank you Oleg. I feel very, very lucky to have met you. I hope many other people will have this opportunity."

Stefan D., SC Business Partner, MedTech industry, Aug 2021

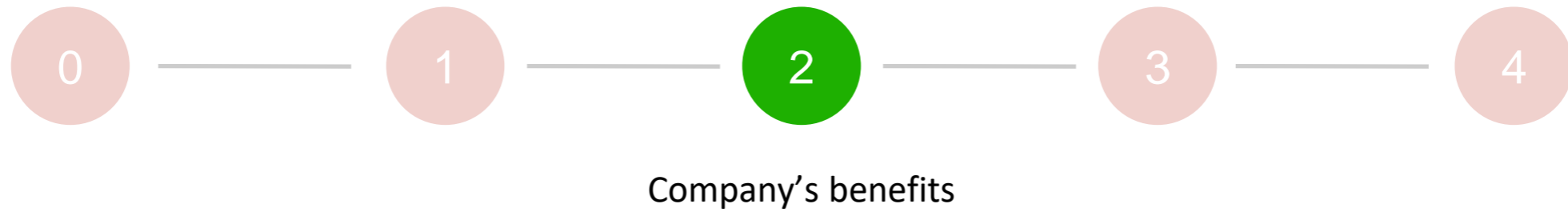
"Oleg has been a great coach to me in my fast-changing working environment of a scale-up organization. He has a sensitive ear to my concerns and sometimes mixed-up thoughts. He put structure to it, created an environment of trust and confidence. He had that perfect balance between business knowledge and attention for my personal wellbeing; respectfully shining some light on my blind spot, which brought new perspectives. A big thanks to you Oleg!"

Björn, Director Compliance at fast growing Food Delivery company, Aug 2021

"Hi, Oleg, I am very grateful to spend time talk to you and coach me on how to improve myself dealing with future challenges in the organization. Those coaching sessions are really life-changing and open my new way of looking and dealing with different types of people and be more successful working with them.»

Aslim, Director D. Technology, Jewellery Industry, Jul 2021

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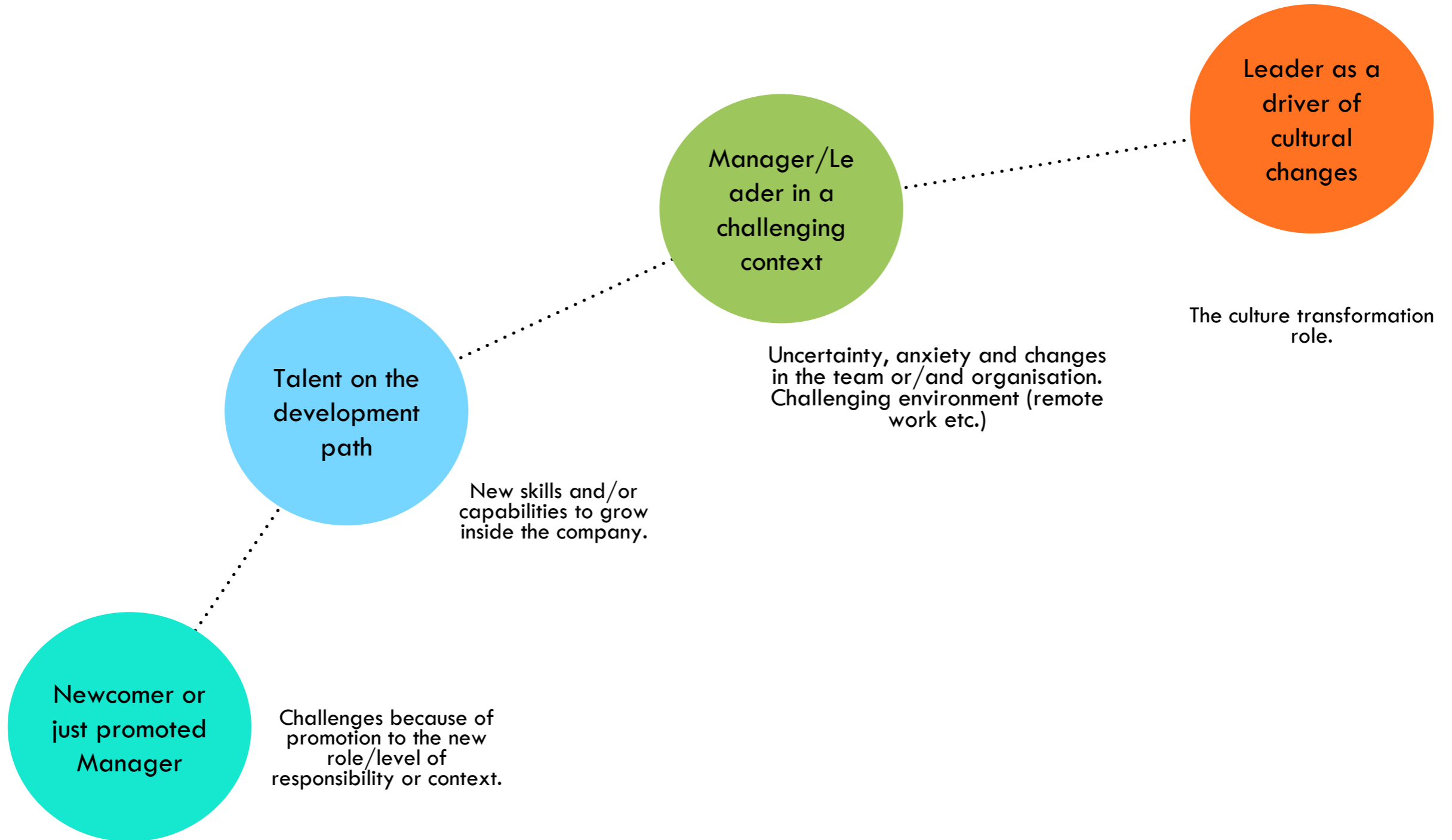
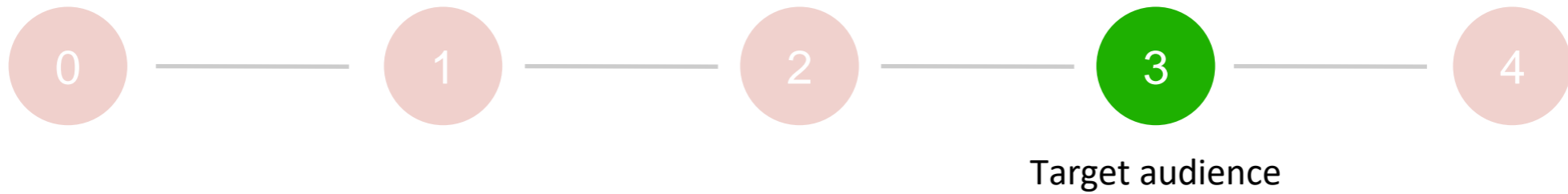
- ▶ 20% lower turnover
- ▶ 46% higher leadership quality
- ▶ 23% more quickly filling of the roles

▶ **DDI - EY research*

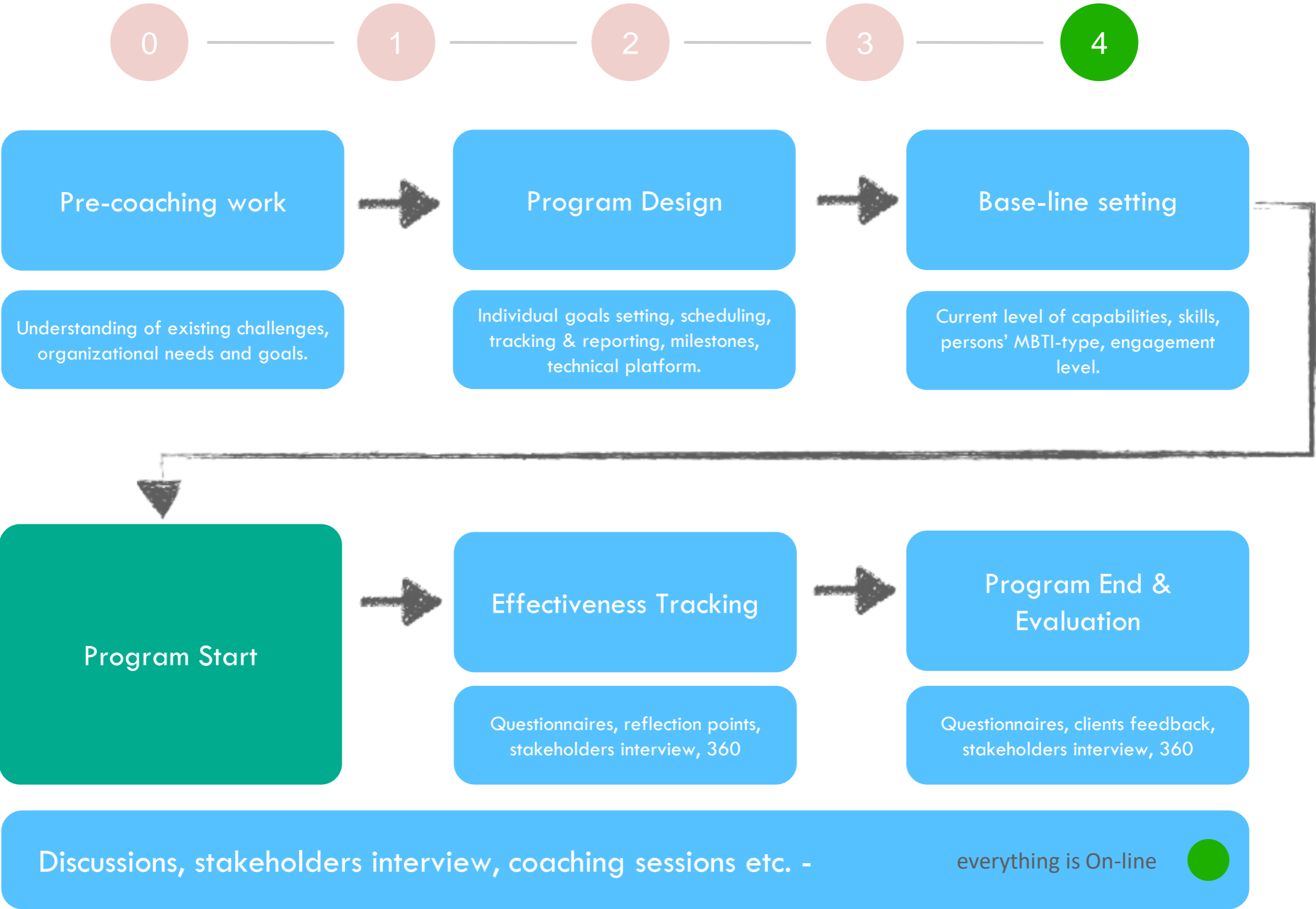
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- ☑ Creates the sense that the company really cares about its people; Helps people to cope with tough situations.
- ☑ Uncovers full potential of a person. Makes individual performance tuning;
- ☑ Boosts leader's motivation and engagement;
- ☑ Often dramatically transforms manager's mentality and the way a person does his/her job;
- ☑ Focuses leader's energy to the right direction;
- ☑ Improves well-being and work-life balance;
- ☑ Creates competitive advantage for the company through personal and professional growths of the leaders.

What is an audience for Conscious Business Coaching?



How does it work as a process?



Help yourself, other leaders and the whole organisation to stay healthy, evolve, perform at best and change!



Would you like to
arrange a meeting or a
trial session?

Have a question?
Reach me out!

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